Department of Aging News and Events



Wednesday, December 8, 2021 10 a.m. - 12:30 p.m., ET - VIRTUAL EVENT

Baltimore County Executive John Olszewski, Jr. invites you to join us for the launch of Dementia Friendly Baltimore County (DFBC). DFBC is a new community-based, cross-sector initiative aimed to create a more inclusive and accessible Baltimore County so that all of us, regardless of dementia-related challenges, can have the resources we seek to create the life we choose, and experience a sense of belonging, purpose, and well-being. Keynote will be Dr. Peter V. Rabins, MD, MPH, author of, The 36-Hour Day, and his new book, Is it Alzheimer's?: 101 Answers to Your Most Pressing Questions About Memory Loss and Dementia.

To register, visit www.baltimorecountymd.gov/aging.

Time Of Your Life Digest Makes Perfect Holiday Gift

Do you know someone that would benefit from being up-to-date on the latest news and programs affecting older adults in Baltimore County? With eight jam-packed issues per year mailed directly to your residence, this 28-page newspaper is the perfect gift to give a friend, family member or, even, yourself!

Subscriptions for Baltimore County residents aged 60 and over are \$5 per year and \$7 per year for all others. To order a subscription, call 410-887-3050 or email digest@baltimorecountymd.gov.



Baltimore County Department of Aging

MISSION

Baltimore County
Department of Aging
strengthens lives by
providing services,
programs and
connections to resources.



410-887-2594

www.baltimorecountymd.gov/aging



@BaltimoreCountyAging



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John A. Olszewski, Jr. Baltimore County Executive

Baltimore County Council

District 1 - Tom Quirk

District 2 - Izzv Patoka

District 3 - Wade Kach

District 4 - Julian E. Jones. Jr.

District 5 - David Marks

District 6 - Cathy Bevins

District 7 - Todd K. Crandell

Laura D. Riley, Director Baltimore County Department of Aging



www.baltimorecountymd.gov

Products and services advertised in this publication are not endorsed or guaranteed by this senior center or the Baltimore County Department of Aging. For advertising information please call FATA Inc. at 410-578-3600 or write P.O. Box 4889, Baltimore, Maryland 21211.

CENTER CONNECTION

410-887-2970

Center Connection links persons age 60 and over who need support to activities and services provided by the senior center. Center Connection Specialists, operating in eight Baltimore County Senior Centers, maximize individual's senior center experience by encouraging participation in activities, registering for classes/Eating Together, and connecting them with other members.

COMMUNITY OUTREACH PROGRAM

410-887-2594

Community Outreach Specialists evaluate the needs of older adults, 60+, and assist them in applying for benefits and services.

COUNTYRIDE

410-887-2080

CountyRide provides paratransit transportation Monday through Friday within the County for qualifying clients. Reservations are pre-scheduled on a first come, first serve basis, destinations include medical appointments, shopping and other general purpose trips. Cost of rides are \$3.00 or 1 ticket each way. A book of 6 tickets costs \$15 and saves \$0.50 per way.

EATING TOGETHER

410-887-3052

The Eating Together program provides a nutritious meal, socialization, and nutrition education in 35 County sites in senior centers, community buildings and senior residences. Residents aged 60 and over and their spouses of any age are eligible to participate in this program and are asked to make a voluntary, confidential donation.

HOME TEAM

410-887-4141

This community-based volunteer program provides social support to County seniors 60 + who are isolated and confined to their home. Through friendly in-home and telephone visits, volunteers offer the needed interaction, socialization and reassurance to help seniors maintain a higher quality of life with the ability to remain independent in their home longer.

MAP of Baltimore County aginginfo@baltimorecountymd.gov

410-887-2594

Maryland Access Point offers information and assistance to older adults, persons with disabilities and their families. It also offers a loan closet for durable medical equipment.

Additionally, the (MAP) division is a great resource for Baltimore County residents to learn about the variety of **Assistive Technology (AT)** available. Assistive technology consists of a wide range of items used for areas such as dressing, personal care, eating, cooking, safety, mobility, and medication management. Many devices are available through MAP for demonstration and hands-on practice for County residents over the age of 60. Several items can also be loaned for an extended period of time. Individuals requiring financial assistance can be referred by the BCDA to possible funding sources that can help with purchasing AT. A demonstration of AT items is available by appointment with the MAP office at 410-887-2594 or by emailing aginginfo@baltimorecountymd.gov.

STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP) 410-887-2059 SENIOR MEDICARE PATROL (SMP)

Trained volunteers answer questions regarding Medicare A and B, Medicare Advangtage Plans, Medicare Supplement Insurance (medigaps), Medicare Prescription Drug Plans (Part D), Medicaid and potential Medicare frauds. Also, callers are assessed for eligibility to obtain financial assistance to help with Medicare and prescription cost.